

# GLUTEN FRIENDLY MENU

Menu items for the  
gluten intolerant



## »» AVAILABLE ITEMS

### SAUCES

Enchilada Sauce, Tomatillo Sauce

### SIDES

Brown Beans, Black Beans, Spanish Rice, Veggie Rice

### DRESSINGS

Honey Mustard, Bleu Cheese

### GOODIES

Queso Blanco (white cheese dip), Con Queso (yellow cheese dip), Queso Chorizo, Guacamole, Pico de Gallo, Soft Corn Tortillas

### ENTRÉE ITEMS

Seasoned Ground Beef, Shredded Beef

**Gluten Free chips available upon request**

## »» SUGGESTED MEALS

### TACOS

Soft Corn Tortillas filled with:  
Seasoned Ground Beef  
Shredded Beef  
ADD Rice and beans or rice and black beans

### ENCHILADAS

Cheddar/Enchilada Sauce  
Monterey Jack / Queso Blanco  
Seasoned Ground Beef / Enchilada Sauce  
Shredded Beef / Enchilada Sauce  
Spinach / Queso Blanco  
ADD Rice and beans or rice and black beans

### SALADS

*(No salad shell)*

Jose House Salad  
Taco Salad  
Grilled Chicken and Fresh Avocado Salad  
Shrimp and Fresh Avocado Salad  
Chicken Taco Salad  
Fajita Salad

### VEGETARIAN

Veggie Delight

### NACHOS

Prepared with Gluten Free Chips  
Nachos Supremo (full or 1/2 order)  
Blackened Chicken Nachos (full or 1/2 order)

### TACO PARTY

12 Soft Corn Tortillas with Seasoned Ground Beef or Shredded Beef only.

### HOT FROM THE GRILL

Steak served with fries  
Mr. Rogers' Chicken Padilla  
Beef, Shrimp or Chicken Fajitas w/ corn tortillas

### ORIGINAL FAVORITES

Mexican Flag  
Jose's "Special" Enchiladas  
Cancun Enchiladas (without chipotle sauce)  
California Chicken (corn tortillas)



Please be aware that during normal kitchen operations involving shared cooking and preparation areas, including common fryer oil, the possibility exists for food items to come in contact with other food products. The items on this menu are prepared to be "gluten friendly." However, these items are not necessarily gluten free.

Olé for  
**JOSE'S**™